



## Embedded in Nature

**How did I get to the Healing Order, now Inayatiyya Healing? The story is long but I will try to make it short...**

I was country-bred, born and raised in Chile. My father was an agrarian engineer and he administrated *haciendas* (farms). When I was two years old my father moved to a large farm of 80.000 ha where they mostly bred sheep. They also grew wheat and corn. The area of the farm extended over three valleys. My father usually rode a horse and I was five years old when I received a little huaso-saddle and could accompany him with my own horse.

The farm was very far from any kind of city and so I grew up very free in nature. My mother taught me until I was nine when I went to school. I was very young when I discovered my antenna for energies. The energies of people, animals and places. The question of why I am in the world and what is my duty already occupied me in my early childhood. I knew that I come from a great vastness and it was difficult for me to accept living within the narrow confines of my body. I tried over and over again to get into other states of consciousness through different ways of breath, etc. I was always curious.

I was fond of building tipis from the branches and twigs of poplar. As soon as I sat in the middle of my tipi I felt I was experiencing time travel. My mother used to have to call me for a long time until I would finally hear her and she could not understand why I hadn't heard her before as she might have been calling me for half an hour. My eyes would be shining and hers full of fear. "Where were you and what were you doing?" she would say. I would try to tell her about my experiences but she would smile and answer, "You have a brilliant imagination."

Many years later in Germany at the Institute of Integrative Therapy in Erlangen I worked on my biography and understood what I experienced in my childhood. A trip to Tibet on a truck through the Himalaya mountains to Lhasa connected me again with my childhood and youth and brought me back a little bit to myself. The high mountains, the bare nature and the clear air reminded me of the Chilean Andes.

All these experiences brought me to the awareness of my vocation of helping people to connect with the Divine within themselves. I studied different body therapies and energetic treatments such as reflexology, prenatal therapy, breath therapy and others. During the practice of these various therapies my focus is always on being a free channel for the Divine healing energy.



I had my first experiences with the Sufis when a relative invited me to the Sufi Camp in the USA and I began to search the internet about the Sufis. Then I found the summer camp in Ticino. This was in 2005. From that date onwards I have visited that camp in the Swiss Alps almost every year and have met lovely people there. In 2008 I asked myself whether there are Sufis near my home. In the magazine Prisma I found an announcement of The Dances of Universal Peace in Nürnberg. One day there was a Universal Worship in Oberrüsselbach and finally I met the Sufis from the area around Nürnberg.

Then came the annual meeting of the Healing Order in Oberrüsselbach. I asked the leader of the Healing Order what would be needed for me to be integrated into the Healing Order and his answer was: "You are already doing healing work with your hands." And so he initiated me into the Healing Order and later on as a Conductor. Step by step I was integrated into the healing work of the Inayatiyya Healing.

I feel specially attracted to Sufism through the prayers of Hazrat Inayat Khan and through the significance of the breath. The healing work is very important for me and now, as a pensioner, I can dedicate more time to it. Beside our monthly healing services in Nürnberg I offer healing services near Erlangen.

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Rosemarie Halima Heller was born and raised in Chile and now lives in Erlangen, Germany. She conducts healing services and works in her own healing practice. Here you find her website (in German): [www.heller-bodybalance.de](http://www.heller-bodybalance.de)